



Sign of Health & Care



GlossMeUp

# LIBIZO MEN

## COMPOSITION:

One sachet contains: L-carnitine 1g, Acetyl-L-carnitine 500mg, Fructose 1000mg, Vitamin C 90mg, Citric acid 50mg, Zinc 10mg, Folic acid 200µg, Selenium 50µg, Vitamin B12 1.5µg, Coenzyme Q 10 20mg.

## DESCRIPTION:

Libizo Men has been helping men to optimize their sperm health with ingredients proven to play a critical role in sperm performance. Libizo Men is a nutritional supplement that contributes to a man's overall reproductive health, and enhancing sperm energy metabolism, so the sperm has enough energy to develop normally and swim towards the egg. Increasing sperm function including: sperm count, motility (how well the sperm can move), speed, morphology (shape and size). Protecting sperm from oxidative stress. It does this by reducing reactive oxygen species (ROS) that can cause damage to DNA and cells.

## INDICATIONS:

Libizo Men is indicated to:

- improve and protect the energy metabolism required for sperm
- protect sperm from oxidative stress
- improve sperm maturation and function
- protect sperm cells from apoptosis

## DOSAGE:

2 sachets per day (one in the morning and one in the evening) for 4-6 months or as long as you are trying to conceive. Reconstitution Instructions: Mix one sachet with at least 200ml of orange juice or water and stir. Libizo Men should be taken shortly after mixing and not stored to be taken later. Since sperm require approximately 74 days to mature and up to 20 additional days to be capable of fertilization, Libizo Men should be taken for 4-6 months.

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## CONTRAINDICATION:

Any known hypersensitivity or allergy to any of the ingredients in the Libizo men sachets formulation.

## PRECAUTIONS:

None

## DRUG INTERACTIONS:

No data available

## SIDE EFFECTS:

There are no side effects reported for Libizo men sachets except (less than 1%) mild gastrointestinal complaints.

## STORAGE:

Store in cool and dry place O below 25 C. Protect from light, excessive heat and moisture. Keep out of reach of children.

## PRESENTATION:

Libizo men sachets are available in pack of 14's.

